

Lap Counters – Log Course Meters

Event # ___ Heat # ___

Lap	Distance	Lane
2	100	
4	200	
6	300	
8	400	
10	500	
12	600	
BELL		
14	700	
16	800	

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10	500	
12	600	
14	700	
16	800	
18	900	
20	1000	
22	1100	
24	1200	
26	1300	
BELL		
28	1400	
30	1500	

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